

FERNSIDE FAVORITES

BOOKS FOR GRIEVING TEENS

<u>TITLE</u>	<u>YEAR</u>	<u>AUTHOR</u>
<u>AFTER ISAAC*</u> Aaron's world has been turned upside down when his only sibling dies suddenly. More changes and challenges come into his life after his parents announce their family will be adopting a baby from China.	2013	Avra Wing
<u>CHILL AND SPILL JOURNAL*</u> A journal that offers a combination of writing & drawing exercises that will help explore what's going on inside your head.	2005	Steffanie Lorig & Jeanean Jacobs
<u>FACE AT THE EDGE OF THE WORLD*</u> Haunted by Charlie's suicide, Jed sets out to retrace his best friend's last weeks and discovers why Charlie did it.	1985	Eve Bunting
<u>FIRE IN MY HEART, ICE IN MY VEINS*</u> This is a best-selling journal for teenagers who have experienced the death of someone they cared for.	1992	Enid Samuel Traisman
<u>THE GRIEVING TEEN: A GUIDE FOR TEENAGERS & THEIR FRIENDS</u> In brief sections, teens learn what others have faced during the death or the loss of someone they cared for, whether the cause was old age, violence, suicide or through accident or illness.	2000	Helen Fitzgerald
<u>IF ONLY*</u> After the death of her mother, 13-year-old Corinna is faced with the impossible task of returning to "normal life" again. Her journey takes an unexpected turn when she discovers a major piece of her mother's identity and past.	2012	Carole Geithner
<u>HELPING TEENS COPE WITH DEATH</u> An immensely useful book that explains common grief reactions of teenagers and offers advice for parents on supporting teens in grief – with helpful hints on handling the holidays and anniversaries.	1999	The Dougy Center
<u>THE LAST INVISIBLE BOY*</u> Written in a similar style to <i>Diary of a Wimpy Kid</i> , this book is a first person account of Finn, a boy who starts to notice that he is disappearing after the death of his father.	2008	Evan Kuhlman
<u>MICK HARTE WAS HERE*</u> Phoebe's brother, Mick died in a bicycle accident. She questions why someone like Mick, with so much energy and enthusiasm, could die so young. With wonderful memories of her brother, she wonders how her family will move forward.	1995	Barbara Park
<u>PART OF ME DIED, TOO*</u> 11 true stories about children/adolescents who faced the death of a loved one, and how they began to rebuild.	1995	Virginia Lynn Fry
<u>SAYING GOODBYE WHEN YOU DON'T WANT TO: TEENS DEALING WITH LOSS</u> Teens find encouragement and hope in these stories by peers who share their pain from deaths of parents, siblings and friends. Also includes stories on many other causes of grief.	2002	Martha Bolton
<u>STRAIGHT TALK ABOUT DEATH FOR TEENAGERS: HOW TO COPE WITH LOSING SOMEONE YOU LOVE*</u> With brief entries such as "Accidental Death," "Self-Inflicted Death," "Talking," "Crying," and "Going Nuts," Grollman offers advice and answers questions that teens are likely to ask themselves when grieving a death.	1993	Earl Grollman
<u>WEIRD IS NORMAL WHEN TEENAGERS GRIEVE*</u> Written by a grieving teen, the author shares her experience to reassure teens that they can grieve in their own way and time, and that their grief may look different from adults. Jenny validates the grieving teen's experience.	2010	Jenny Lee Wheeler
<u>WHEN A FRIEND DIES: A BOOK FOR TEENS ABOUT GRIEVING AND HEALING*</u> This book compassionately and honestly answers common questions teenagers have after the death of a friend.	1994	Marilyn Gootman, Ed.D.

*Indicates item is available in the Fernside Resource Center. Materials may be borrowed. Please call ahead.

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