

FERNSIDE FAVORITES

BOOKS FOR ADULTS ON GRIEF AFTER A SUICIDE

<u>TITLE</u>	<u>YEAR</u>	<u>AUTHOR</u>
<u>AFTER A PARENT'S SUICIDE: HELPING CHILDREN HEAL*</u> After counseling suicide survivors over thirty years, the author addresses suicide comprehensively (from teen grief and grieving responses to self-care and support groups).	2006	Margo Requarth
<u>AFTER SUICIDE LOSS: COPING WITH YOUR GRIEF*</u> Written for suicide survivors, this book seeks to help survivors understand what they will experience specifically during the first few days, weeks, months and one year after the death.	2002	Bob Baugher & Jack Jordan
<u>BREAKING THE SILENCE: A GUIDE TO HELP CHILDREN WITH COMPLICATED GRIEF – SUICIDE...*</u> This book provides specific ideas and techniques to work with children in various areas of complicated grief.	1996	Linda Goldman
<u>BUT I DIDN'T SAY GOODBYE: FOR PARENTS & PROFESSIONALS HELPING CHILD SUICIDE SURVIVORS*</u> A resource to help children deal with the after effects of a suicide.	1999	Barbara Rubel
<u>THE EMPTY CHAIR: THE JOURNEY OF GRIEF AFTER SUICIDE*</u> In 1983, the author lost her brother and daughter to suicide within three weeks of each other. This book describes and offers guidance for each emotion and issue felt following a suicide.	1999	Beryl S. Glover
<u>HEALING THE HURT SPIRIT*</u> Daily reflections and affirmations for those who have lost someone to suicide.	2006	Catherine Greenleaf
<u>IN THE WAKE OF SUICIDE: STORIES OF THE PEOPLE LEFT BEHIND*</u> A book of inspiring stories told by people whose lives have been touched by the suicide of someone close to them.	1991	Victoria Alexander
<u>MY SON, MY SON: A GUIDE TO HEALING AFTER DEATH, LOSS OR SUICIDE</u> The author's story from grief to survival following her 20-year old son's suicide.	1983	Iris Bolton
<u>RETELLING VIOLENT DEATH*</u> Offers a strategy for therapeutic retelling following the homicide, suicide or accidental death of a loved one. This is a helpful resource for mental health providers.	2001	Edward K. Rynearson
<u>ROCKY ROADS: THE JOURNEYS OF FAMILIES THROUGH SUICIDE GRIEF*</u> The author helps guide the family through grief after a suicide, by helping individual members with grief and on a larger scale, helping the family as a unit.	2010	Michelle Linn-Gust
<u>SUICIDE SURVIVORS HANDBOOK*</u> Based on personal experience and research, this helpful guide deals with three major survivor issues – the question <i>Why?</i> , anger over the event and guilt. Portion of one chapter devoted to grief issues of surviving children.	1995	Trudy Carlson
<u>TOUCHED BY SUICIDE: HOPE AND HEALING AFTER LOSS</u> This guidebook combines the author's perspectives as a physician and a survivor to offer compassionate and practical advice to anyone affected by a suicide.	2006	Michael F. Meyers & Carla Fine
<u>WHY SUICIDE?*</u> A guide that answers frequently asked questions for people whose lives have been touched by suicide. Offers practical answers to concerns such as – what to tell others, insurance coverage and preventability.	1996	Eric Marcus

* Indicates item is available in the Fernside Resource Center. Materials may be borrowed. Please call ahead.

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