

FERNSIDE FAVORITES

BOOKS FOR GRIEVING YOUNG ADULTS

<u>TITLE</u>	<u>YEAR</u>	<u>AUTHOR</u>
<u>IN THE UNLIKELY EVENT OF A WATER LANDING: A GEOGRAPHY OF GRIEF*</u>	1996	Christopher Noel
The author offers a deep, personal account of grief, loss and healing as he describes the death of his fiancée and how he comes to terms with the tragedy.		
<u>LOSING A PARENT: PASSAGE TO A NEW WAY OF LIVING*</u>	1991	Alexandra Kennedy
The author shares her own story of facing the loss of a parent and offers helpful strategies for healing.		
<u>THE LOSS THAT IS FOREVER: THE LIFELONG IMPACT OF THE EARLY DEATH OF A MOTHER OR FATHER*</u>	1995	Maxine Harris
For anyone who has experienced the early death of a parent, this book is an important guide to discovery and understanding. Also discusses relationship with surviving parent, intimate relationships and one's own mortality.		
<u>MOTHERLESS DAUGHTERS*</u>	1994	Hope Edelman
Highly recommended. This book explores the impact of the loss of one's mother on women of all ages.		
<u>NEVER THE SAME: COMING TO TERMS WITH THE DEATH OF A PARENT*</u>	2004	Donna Schuurman
After working with grieving children and teens for three decades, the author offers her expertise to empower readers to reflect on their own situation and discover healthy ways of coping after a death.		
<u>WEIRD IS NORMAL WHEN TEENAGERS GRIEVE*</u>	2010	Jenny Lee Wheeler
Written by a grieving teen, the author shares her experience to reassure young adults that they can grieve in their own way and time, and that their grief may look different from adults. Jenny validates the young adult's grief experience.		

*Indicates item is available in the Fernside Resource Center. Materials may be borrowed. Please call ahead.