



Professional Education Topics

Fernside provides interactive and engaging training sessions that can be tailored to meet your needs. Trainings can be offered virtually or in-person and are free of charge.

Contact fernside@trihealth.com.



The Grieving Child

A guide for how to navigate conversations and life after a loss as a family.



Grief 101

Focuses on myths in grief, developmental stages and understanding of death, and how to support all ages.



How to Help A Grieving Child in the Classroom

Information on how to support a grieving child in a school setting.



Disenfranchised Grief

Information on how to support children grieving a death due to violence, suicide or substance use.



Healing Through Creativity: Expressive Arts in Grief Work

Information on the use of expressive arts in grief work and activities that can be implemented.



The Weight We Carry

Information on how vicarious trauma, compassion fatigue and burnout manifest, and the importance of incorporating wellbeing rituals.

