



Professional Education Topics

Fernside provides interactive and engaging training sessions that can be tailored to meet your needs. Trainings can be offered virtually or in-person and are free of charge.

Contact fernside@trihealth.com.



The Grieving Child

A guide for how to navigate conversations and life after a loss as a family.



Grief 101

Focuses on myths in grief, developmental stages and understanding of death, and how to support all ages.



How to Help A Grieving Child in the Classroom

Information on how to support a grieving child in a school setting.



Disenfranchised Grief

Information on how to support children grieving a death due to violence, suicide or substance use.



Interactive Expressive Arts Experience

Engage in guided expressive arts activities, offering a creative experience you can use as a tool in your work or to explore self-care.



Add On: Expressive Arts in Grief Work

Information on the use of expressive arts in grief work and its benefits.

