

Fernside's Professional Education Topics



FERNSIDE

SUPPORTING CHILDREN
AND FAMILIES
THROUGH GRIEF

All training sessions are interactive and engage participants, and can be tailored to meet your needs. Trainings can be offered virtually or in-person and are free of charge. For questions and scheduling, please contact fernsideetrihealth.com

The Grieving Child

This presentation can be used as a guide for how to navigate conversations and life after a loss as a family.

Grief 101

This presentation focuses on myths in grief, developmental stages, how different ages understand death, and how we can help support all ages.

How to Help a Grieving Child in the Classroom

This presentation provides information on how to support a child who is grieving in a school setting.

Disenfranchised Grief

This presentation provides information on how to support youth and teens who are grieving a death due to violence, suicide or substance use.

Healing Through Creativity: Expressive Arts in Grief Work

This presentation provides information on the use of expressive arts in grief work and activities that can be implemented.

Anticipatory Grief

This presentation can be used as a guide for how to navigate conversations and considerations for children, teens and families who are anticipating a death.

Non-Death Loss

This presentation provides information on how non-death losses such as incarceration, absentee parent due to substance use disorder and others experience grief.

Vicarious Trauma, Compassion Fatigue and Wellbeing

As helping professionals, we support families navigating significant trauma—often while carrying emotional weight of our own. This session offers space to pause, process, and care for ourselves.