Inside Fernside

A publication for grieving children and their families



Addy & Boogie, 3rd-5th grade Zoom Group

"I can be in the comfort of my own bunk bed with all my stuffed animals."

~ 8-yr old group member



Damien, Pre-2nd grade Zoom Group

"We can be home and use blankets, and pet cats and dogs and have cookies and your own dinner."

~ 8-yr old group member

Virtual Luminary Ceremony



It's a Whole Zoom World Fernside's Evening Program Goes Virtual

ast September we made the decision to host groups in our Evening Program virtually in order to keep our volunteers and families safe. We are happy to report that we've experienced great success and attendance is growing each month. We will continue this format for the remainder of our program year in June.

The children and teens are meeting by grade instead of by their group night location. An unexpected advantage to this is that the virtual format allows kids who might not otherwise have met at Fernside, to get to know each other. Our groups for parents and guardians meet by type of loss. All groups meet twice monthly,

so we have groups going on almost every weeknight of the month!

Thank you to our virtual volunteers for venturing into this new Zoom world with us and especially to our families who are, despite virtual fatigue, making it work!

While we can't wait to be back together in person soon, we are so thankful and gratified that we've been able to continue our services for those who need us. "I have loved being able to connect with families and children virtually! I believe it provides a unique context where the children can contribute in ways that are not possible in person. For example, I love being able to see the children's pets, pictures of loved ones and special items that help them remember their person who died."

~ Julia Villarreal, Pre-2nd grade Facilitator



In addition to our School Program's in-person grief groups, we are also offering virtual grief groups to students learning at home or at school.

If you're interested in learning more, give us a call.





Program News

Fernside's Socially Distanced & Safe Summer Camp!

e are happy to share that we were able to host a scaled-down version of our annual summer camp last July. The Greater Cincinnati community was doing well with COVID cases at the time, so we were able to move ahead with a one-day only camp experience. A big thank you to Nora Chavez and Monica McPeek from TriHealth Risk Management for their support and guidance in helping us create a safe and fun camp experience.

"My child had a great camp experience. She talked about it the whole way home. Being able to spend time with other children who have experienced a similar loss was helpful for her, because she knows that she isn't alone. It was also so helpful to have fun and do kid stuff with other kids. She enjoyed the time with other kids, especially since we've been so isolated recently due to COVID."



Tentative 2021 Summer Camp & Teen Retreat: Summer Olympics...Teaming Up to Cope with Grief. Two of our camp programs are "teaming up" to provide the best camp experience possible. Children ages 7-12 and 13-18 can participate in our combined day camp tentatively scheduled for July 24th, 2021. Please call for more information.

A scene from summer camp 2020

Reaching Out Remotely Outreach Adapts to Virtual Presentations

Our Community Outreach & Education Program showed us that we can adapt easily in a virtual world. Over the past year, we've been able to offer several virtual educational grief presentations to many audiences. We still love connecting in person and have adapted doing so safely.



Mercy McAuley High School Service Learning Day

Highlights for Children

Who doesn't remember Highlights magazine? Hidden Pictures, Crafts, Goofus & Gallant and the What's Wrong? section on the back cover. Those pages are some of the best! Fernside was

contacted by Patty
Courtright, ReaderMail Specialist, to
review and offer
input on a griefrelated question from
one of their readers.
She was directed to
us by Jamie Bryant,
Highlights Vice
President, who says,
"Fernside has been
serving grieving
children for nearly
35 years and is an



affiliate of Hospice Cincinnati. It could be good for us to have the insights from people doing this work every day."

Volunteer News

National Volunteer Week April 18-24, 2021

Our Reach is Long to Celebrate Volunteers

In a time when we've all needed help more than ever, we want to recognize our amazing volunteers for sticking with us this group year. And not just this past year, but for many years as you can see below! Thank You!

28 Years

Kathleen Cepela

26 Years

Ted Ackerman Megan Holtz Sean Jameson

25 Years

Jenny Perry

23 Years

Patricia Hirsch Kathy Stidham

21 Years

Kathy Haubrich

20 Years

Matt Fenik

19 Years

Linda Hill Amanda Lykins

18 Years

Stacey Meyer Ann Speed

17 Years

Debi Varland

16 Years

Carolyn Donovan Cindy Stiens

15 Years

Jillian Bennett Bob Bonnici Paul Davis Glenda Schorr

14 Years

Phyllis Overmann Kim Stonecipher

13 Years

Bryan Devine Charlene Miller Larry Renner Betsy Sundermann

12 Years

Kelley Brinkman Cassie Dunn Diane Lux Dan Meyer Teresa O'Quinn Crystal Paul Chris Venneman

11 Years

Wendy Boyd
Joy Croy
Kim Fultz
Chrissy Hurst
Todd Mack
Dan Simonson
Tracy Spiess

10 Years

Brad Cutter
Janine Melink-Hueber
Terri Meyer
Pam Myers
Nicci Stemler
Tyra Warner

9 Years

John Berrens
Susan Conrad
John Eckles
MaryAnn Jackson
Tony Martino
Judy McAuliffe
Sharon Natarus
Sue Rice

8 Years

Ashley Biondo
Barb Griffin
Cindy Hayden
Michelle Kerr
Linda Littman
John Martinson
Tom Miele
Rachel Mousie
Patty Nagelkirk
Hazel Ross
Anne Roth
Dan Scheiman
Keara Sherman
Cindy Withrow

7 Years

Helene Berger

Bonnie Blanck

Maddy Brewer
Marci Campbell
Arin Gile
Cindy Meyer
Brigid Niesel
Elaine Parulis-Wright
Daniel Whitford
Dani Willetts

6 Years

Kim Adkins
Rosa Baker
Carrie Brown
Krista Couch
Logan Davis
Caroline Haynes
Kim Kirkman
Cassidy Lekan
Annie Louie
Gloria Peerless
Sarah Sherman
Maggie Shiekh
Amy Smith
Mary Kate Vanderglas



Fernside's Drive-By Volunteer Appreciation Station.

On left – Dan Meyer & Kim Adkins; at right – Robby & Tony Martini.

5 Years

Cathy Bowers
Beth Celenza
Blake Dowlin
Kara Echternacht
Jennifer Garrett
Eli Hart
Donna Heldman
Jackie Lombardi
Robby Martini
Olivia Matthews
Brittany Tackett
Kevin Vance
Kristin Westerfield
Nick Whitney

4 Years

Jean Barker
Kris Carnevale
Peg Conway
Kris Cormany
Allison Donham
Jennifer Freese
Keegan Graham
Maggie Kotzeva
Andrea Mudd
Kayla Nare
Kathleen Reinmann
Ann Sullivan
Rita Thornton
Kelsey Zimmerman

3 Years

Sarah Bohlman Anthony Borzi April Cain *Josie Campinha-Bacote* Iess DeLisio Yasmine El-Badewi Candi Fern Charlene Glassman Erica Hescamp Dave Johnson Lauren Jones Barb Juengling Americus Land Sharon Laughlin **Brian Meyers** Hannah Mu Sydney Risley Julie Rubin Megan Schweitzer Graham Scott *Ioel Steinkoening* Autumn Taylor Kim Taylor Adrienne Victory Beth Welch

2 Years

Jordan Baker Toni Beischel **Iennifer Benton** Heidi Bothe Holly Campbell Jenni Chinn Donna Danoff Stephanie Duriez Sophie Garrett Malone Graham Ienna Harris Robin Huller Marty Johnson Jalen Johnson Elaine Kerr Kelly King-Schlegel Nicole LaPlena Tony Martini Jean McCoy Dave Merry Martha Merry Yoko Nomura Elise Pettis Ion Roberto

Lori Roberto
Megan Salisbury
Jackie Smith
Valerie Theile
Vickie Valentine
Sarah Watson
Michelle Wurschmidt
Eileen Yeoh

1 Year

Annie Berling Craig Bishop Eden DeAtaley Ellie Fitzgerald Alayna Hatfield Deidre Kegley Kaelynn Knestrick Lindsay Levental Brianna Maggard Ozella McClendon Toree Mohr Sydni Morphew **Emily Naber** Stephanie Saxton Jenny Stringer Rylee Tenhundfeld Bridget Tenhundfeld-**McMichael** Iulia Villarreal



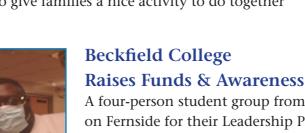


Development News

Donors Deliver from a Distance

Sweet Holiday Treats for Our Families

hank you to the Cincinnati Woman's Club for putting together 94 cookie jars, complete with all the dry ingredients for a sweet treat. We scheduled a drive-by pick-up for families to receive their jars during December to give families a nice activity to do together over winter break.



A four-person student group from Beckfield College chose to focus on Fernside for their Leadership Project. Their goal was simple... increase awareness and hopefully some much-needed funds to support Fernside's free services. The students set up a GoFundMe page that they shared via Facebook and with family & friends. This one-month, on-line event raised over \$1,200 for Fernside!



Pictured L-R: Stevie Morehouse, Kathie Bunch, Erin Keefe & Devin Burgess

Ikea Becomes a Community Partner

Thanks to Ikea for their donation of expressive arts supplies! Communications and Events Specialist, Kristi Mendenhall, said they chose Fernside because, "It is certain your services make a difference! Hopefully this can be the beginning of a long-term partnership!" We couldn't agree more!



Jill Haft, Cincinnati Woman's Club

Join us for the 2021 Fernside Classic

ernside's annual event weekend is coming up soon! The 2021 Fernside Classic will kick off with a virtual "Pizza & Wine" event on Friday, May 14th, complete with pizza for two, two bottles of wine and a virtual wine-tasting by sommelier, Mary Horn. Guests will also receive a "First Look" card to preview the weekend's silent auction and supplies for an expressive arts activity that will close out the night.

The event continues with a silent auction that will run over Saturday and Sunday, May 15th & 16th. The grand finale will be held for golfers on Monday, May 17th at Shaker Run Golf

Course for a beautiful day of golf complete with lunch provided by The HoneyBaked Ham Company and Skyline, and a Maggiano's boxed dinner for two to-go! For more information on sponsorships, tickets and silent auction donations, contact Jen Beck at The Bethesda Foundation at (513) 865-1652.







Fernside 4360 Cooper Road, Suite 100 Cincinnati, Ohio 45242 Non-profit Org. U.S. Postage PAID Cincinnati, Ohio Permit No. 9177



We are very glad to get corrections.

Dated Material, Please Deliver Promptly

To Contact Us at Fernside:

4360 Cooper Road, Suite 100 Cincinnati, Ohio 45242 phone: (513) 246-9140 fax: (513) 246-9350

www.fernside.org

Vicky Ott, MA LPCC-S

Executive Director victoria ott@trihealth.com

Christi Kettman

Outreach Coordinator christine_kettman@trihealth.com

Mark Koenig, MEd

Program Coordinator mark_koenig@trihealth.com

Katie Pellegrini,

Program Coordinator kate_pellegrini@trihealth.com

Sally Ries

Volunteer Coordinator sally_ries@trihealth.com





Hope in Every Cup Rooted Grounds creates specialty blend for Fernside

piping hot thanks to Kris Chari, Executive Vice President and David Knopf, President and everyone at Rooted Grounds for creating a specialty coffee blend just for Fernside! Fernside and Bethesda Foundation Team Members participated in a special tasting and selected a blend that is now available for purchase at Amazon-Fernside Roast.

