### Lorazepam is ordered to:

- Decrease anxiety
- Relax the muscles that can cause shortness of breath
- Relax the stomach to lessen nausea & vomiting
- Help those who are having trouble sleeping

#### Side Effects may include:

**Dizziness or lightheadedness** – be sure to get up slowly from sitting or lying down.

Weakness – ask for assistance with walking, nap or rest often during the day.

**Dry mouth** – increase frequency of mouth care, take small sips of water often or try sucking on candy, ice chips, or popsicles.

**Sleepiness** - during the first two or three days of using Lorazepam, you may sleep more because of the calming effect of the medicine. This will wear off and does not mean you are taking too much medicine.

Most side effects should also lessen after the first 2 to 3 days.

Use of alcohol can make the side effects worse.

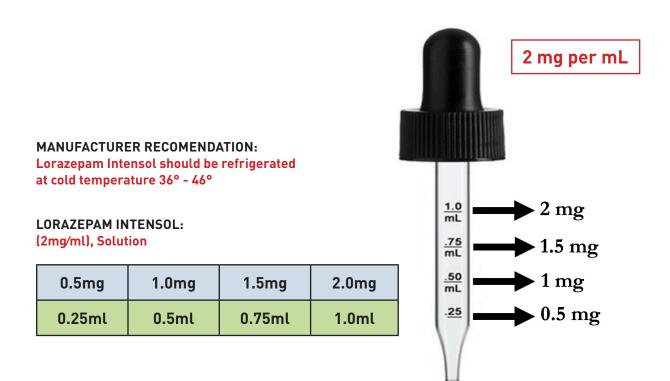
## Questions or concerns?

Call a hospice nurse at 513-891-7700. For caregiving tips visit www.HospiceofCincinnati.org/for-the-caregiver.



## About Liquid Lorazepam:

- This medicine comes with a specially marked dropper—see image.
- The medicine may be swallowed, placed under the tongue or inside the cheek.
- It can be taken with or without food.
- It may be helpful to take in ice cream or applesauce to mask the bitter taste.



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